

## H. Pylori Treatment (helicobacter pylori)

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### Proton Pump Inhibitor

First – Be sure to have taken your Proton Pump Inhibitor (PPI) for at least 3 days before starting the antibiotics listed below. Then continue your PPI for at least 14 more days and longer if your doctor is also treating your ulcer or gastritis.

Your PPI might be any of these: Aciphex, Prilosec, Nexium, Protonix, or Prevacid or any new ones that have come along.

### Antibiotics

Then add these 3 medications and take these for 14 days with your PPI:  
(First, always be sure you have NO allergies to these medications)

1. Metronidazole 250mg one tablet by mouth 4 times daily
2. Tetracycline 500mg one tablet by mouth 4 times daily  
(Please Do NOT take this medication if you think you might be pregnant. Let your doctor know.)

### 3. Bismuth Subsalicylate

Pepto Bismol (Bismuth Subsalicylate) 525mg or 2 tablets by mouth 4 times daily (If you are aspirin allergic, discuss this first with your doctor)

Please be sure to buy some Bismuth subsalicylate when you pick up your antibiotic prescription.

Yes, this means you will be taking 17 pills per day for 14 days.

Remember this is cancer prevention because H.pylori causes stomach cancer as well as recurring ulcers.

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This handout provides a general overview on this topic and may not apply to everyone. To find out if this handout applies to you and to get more information on this subject, talk to your family doctor.

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